



# International Association of Coaching

## SAMPLE Completed Learning Agreement Proposal Year 2011

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This form is designed to help you create your Learning Agreement. Submit this as you create your learning agreement so that you can receive feedback and support.

### Step 1:

#### Summarize the learning plan:

During this year, I plan to broaden my coaching knowledge by increasing my skills in using the Masteries and using coaching events to learn more about coaching from a variety of perspectives.

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### Instructions for Step 2:

#### Learning Objectives

Describe 2-4 learning objectives that will guide your experience. Learning objectives are statements of what you will **LEARN** as a result of your experience and activities. The learning objectives should be followed by a brief description of the activities to be performed to meet the learning objective. This format allows the Learning Agreement Reviewer to understand how the activities relate to what you have learned as a result of performing the activity.

**Learning Objective:** *As a result of the specified activity, the learner will be able to: (use verbs to demonstrate skills and knowledge to be learned) such as: analyze, synthesize, utilize, construct, develop, etc.)*

**Activities:** *Briefly describe the activities you will do to achieve the learning objective. There should be a clear association between the learning objective and the activities.*

**Evidence of Achievement:** *List the documents you will submit upon completion of Learning Agreement.*



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## Step 2:

### 1.) a. *Learning Objective:*

Experience coaching using the Masteries as coach, observer  
and client

### b. *Activities:*

Participate in coaching triads with others learning the Masteries – 10  
sessions; Provide and receive feedback on coaching using the Masteries

### c. *Evidence of Achievement:*

Feedback forms for each of the 10 sessions

### 2.) a. *Learning Objective*

To broaden my knowledge about coaching from a variety of  
perspectives

### b. *Activities:*

Attend one coaching event (conference, chapter meeting or  
teleseminar)

### c. *Evidence of Achievement:*

Brief report integrating use of Masteries into event  
learnings